



6 Miles	4 Miles
Right on Foreland St	Right on Foreland St
Left on Middle St	Left on Middle St
Right on North Ave	Right on North Ave
Continue on Spring Garden Ave	Continue on Spring Garden Ave
Right on Wickline Ln	Right on Wickline Ln
Right on Rialto St	Right on Rialto St
Right on Ley St	Right on Ley St
Bear right on Lowrie St	Bear right on Lowrie St
Left on Gardner St	Left on Gardner St
Right on Troy Hill Rd	Right on Troy Hill Rd
Left on Pedestrian bridge	Left on Pedestrian bridge
Left on Heinz St	Left on Heinz St
Right on trail	Right on trail
Exit trail at Carnegie Science Center	Exit trail at 9th St Bridge (first yellow)
Continue on Allegheny Ave	Continue on Anderson St
Right on North Ave	Right on Stockton Ave
Right on James St	Left on Cedar Ave
Left on Foreland St	Right on Foreland St
Return to start	Return to start