



6 Miles	4 Miles
Left on North Shore Dr	Left on North Shore Dr
Left on Tony Dorsett Dr	Left on Tony Dorsett Dr
Continue on Scotland Ave	Continue on Scotland Ave
Right on Martindale St	Right on Martindale St
Left on Merchant St	Left on Merchant St
Left on Ridge Ave	Left on Ridge Ave
Bear right on Ohio St (at fork)	Bear right on Ohio St (at fork)
Right on Brighton Ave	Right on Brighton Ave
Right on North Ave	Right on North Ave
Bear right into park	Bear right into park
Continue left through park	Continue left through park
Bear right at fountain to Cedar Ave	Bear right at fountain to Cedar Ave
Continue on Triopoli St	Continue on Triopoli St
Right on Madison Ave	Right on Madison Ave
Left on Phineas St	Left on Phineas St
Right on pedestrian bridge	Right on pedestrian bridge
Left on Heinz St	Left on Heinz St
Right on Progress St	Right on trail
Left on 16th St Bridge	Up stairs at pier
Left on Penn Ave	Return to start
Left on 21st St	
Left on trail	
Around fountain to park entrance	
Exit park on Ft Duquesne Bridge	
Return to start	