

| pittsburghrunning.org | facebook.com/groups/peoplewhorundowntown |
| :--- | :--- |
| $\mathbf{6}$ Miles | $\mathbf{4}$ Miles |
| Left on Liberty Ave | Left on Liberty Ave |
| Right on Millvale Ave | Right on Millvale Ave |
| Left on Morewood Ave | Left on Morewood Ave |
| Left on Castleman St | Lefton Aiken Ave |
| Right on Amberson St | Bear left on Liberty Ave |
| Left on Westminster Pl | Right on Millvale Ave |
| Right on Kentucky Ave | Left on Friendship Ave |
| Left on Shadyside Ave | Left on Penn Ave |
| Left on Alder St | Left on Denny St |
| Right on Highland Ave | Left on 34th St |
| Left on Centre Ave | Return to start |
| Right on Negley Ave |  |
| Bear left on Friendship Ave |  |
| Left on Penn Ave |  |
| Left on Denny St |  |
| Left on 34th St |  |
| Return to start |  |

