

pittsburgh	runnino	ora

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6 Miles	4 Miles
Right on Smallman Ave	Right on Smallman Ave
Left on 11th St	Left on 11th St
Right on Penn Ave	Right on Penn Ave
Continue into Park	Continue into Park
Right up walkway to Ft Duquesne Bridge	Right up walkway to Ft Duquesne Bridge
Right on North Shore Dr	Right on North Shore Dr
Right at water feature to river trail	Right at water feature to river trail
Left on trail	Left on trail
Left at pedestrian bridge to island	Left on Chesbro St (before 16th St Bridge)
Exit trail at marina (past restaurant)	Right on Progress St
Left on Waterfront Dr	Right on 16th St Bridge
Right on 30th St bridge	Left on Penn Ave
Right on River Ave	Left on 18th St
Right on 31st St Bridge	Right on Smallman St
Right on Penn Ave	Return to start
Right on 29th St	
Left on Smallman St	
Return to start	