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6 Miles	4 Miles
Left on Carson St	Left on Carson St
Left on 33rd St	Left on 33rd St
Left on Sydney St	Left on Sydney St
Right on Hot Metal St	Right on Hot Metal St
Left on South Side Trail (at Hot Metal Bridge)	Left on South Side Trail (at Hot Metal Bridge)
Left on 18th St (at train tracks)	Left on 18th St (at train tracks)
Right on Merriman Way	Left on Josephine St
Left on 16th St	Left on 26th St
Right on Muriel St	Left on Jane St
Left on 10th St	Right on 23rd St
Right on Bingham St	Right on Carson St
Left on 4th St	Return to start
Right on McKean St	
Left on 1st St	
Left on Carson St	
Right on 17th St	
Left on Mary St	
Right on 18th St	
Left on Josephine St	
Left on 26th St	
Left on Jane St	
Right on 23rd St	
Right on Carson St	
Return to start	