



6 Miles	4 Miles
Left through parking lot to Waterfront Dr	Left through parking lot to Waterfront Dr
Cross Waterfront, continuing on trail	Cross Waterfront, continuing on trail
Go behind tennis courts to end of island	Go behind tennis courts to end of island
Continue on trail past Redfin Blues	Continue on trail past Redfin Blues
Cross bridge then left on trail	Cross bridge then left on trail
Bear right on River Ave	Turn around under Veteran's Bridge
Continue on Gen Robinson	Right onto switchback to island
Left on Chuck Noll Way	Return to start
Continue straight to North Shore Trail	
Left on trail	
Right onto switchback to island	
Return to start	